Getting Feedback
Asking people who know you well can be like a mirror. They might provide a clue to indicate what you
are truly interested in. Use this set of questions to inquire. To make this request, make a short
introduction like this paragraph the following questions might give me an indication of my interests.
Please respond with your thoughts to the following questions. Whenever
possible, provide the context of the situation. Thank you.
1. When was a time that demonstrates a preference of mine? Any type of preference in any context.
Characterize what was happening and what I seemed to be thinking about. a. What type of skills or
strengths did I use then? b. What kind of emotions did I pay attention to?
2. When I seem engrossed in something, what am I typically working on?
3. What’s the best thing about me on a team?
4. How do I add value at work overall?
5. What kind of positions, opportunities, projects do you think would be a good fit for me over the next
few years? Why?
6. What kind of learning or training do you think I need, or could benefit from?
7. What do you see as the main areas to develop? (Be honest please.)
8. How can I improve how I am perceived by others? (Again, honesty.)
9. Are you aware of any real jobs, assignments or other opportunities that you think I could realistically
pursue?
10. From your own experience, what have you learned about making a career transition?
11. Who else do you think would be worthwhile for me to speak to?