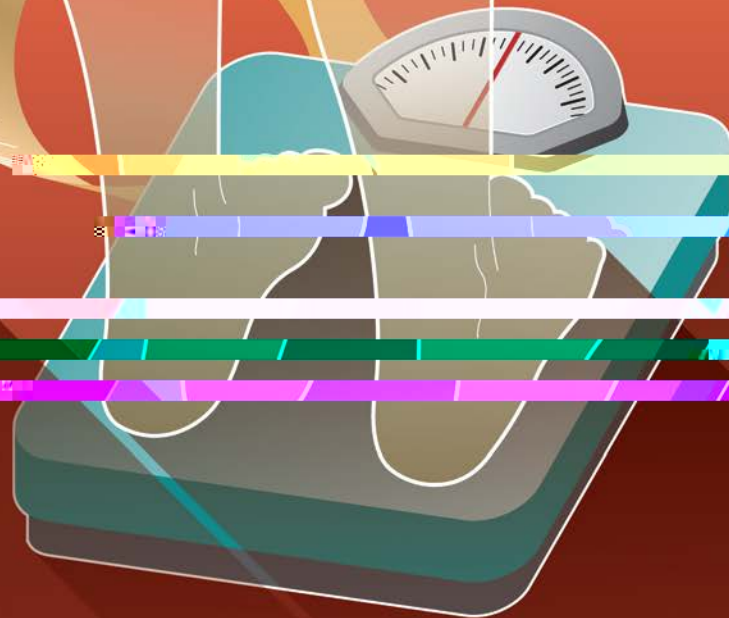


COUNTING CALORIES?



If you're trying to shrink your waistline by managing the number of calories you consume, try this tool.

Visit www.freedieting.com/tools/calorie_calculator.htm and